



Agri SA's tips for safe workplaces during COVID-19



Protect others from getting sick.

When coughing and sneezing **cover mouth and nose** with flexed elbow or tissue.



Throw tissue into closed bin immediately after use.

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick.



Avoid close contact

when you are experiencing cough or fever.

Avoid spitting in public.



If you have a fever, cough or difficulty breathing **seek medical care early** and share previous travel history with your health care provider.

Protect yourself and others from getting sick.

WASH YOUR HANDS

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



Wash your hands with soap and running water when **hands are visibly dirty.**

If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water.